

Gluten-Free, Dairy-Free Product List & Allergen Identification Table

For the allergens of Dairy, Gluten, Peanut, Soy, Tree Nut (Almond, Coconut, Pecan, Walnut), and the ingredient of Chocolate.



Frozen, Coconut Based

Brand	Product	Size	Flavor	UPC	Calories per serving		Letter indicates the presence of the allergen or ingredient listed								Certifications									
					Calories	Fat Calories	Allergen								Chocolate	Gluten-Free	Kosher DE	Kosher Parve	Non-GMO Project	USDA Organic	70% Organic	Vegan		
							Dairy	Gluten	Peanut	Soy	Tree Nut													
So Delicious® or Purely Decadent®	Frozen Dessert	Pint	Cherry Amaretto	7-44473 47025-9	130	50						C				Ch	G		P	N		%	V	
			Chocolate	7-44473 47021-1	150	70							C				Ch	G		P	N		%	V
			Chocolate Peanut Butter Swirl	7-44473 47062-4	210	120				P			C				Ch	G	K		N		%	V
			Coconut	7-44473 47033-4	170	90							C					G		P	N		%	V
			Coconut Almond Chip	7-44473 47036-5	180	80							A	C			Ch	G		P	N		%	V
			Cookie Dough (Gluten Free)	7-44473 47046-4	190	80					S			C			Ch	G		P	N		%	V
			German Chocolate	7-44473 47015-0	180	80								C	P		Ch	G		P	N		%	V
			Green Tea	7-44473 47045-7	130	60								C				G		P	N		%	V
			Mint Chip	7-44473 47055-6	170	80								C			Ch	G		P	N		%	V
			Mocha Almond Fudge	7-44473 47023-5	180	80							A	C			Ch	G	K		N		%	V
			Passionate Mango	7-44473 47008-2	150	60								C				G		P	N		%	V
			Pomegranate Chip	7-44473 47016-7	130	60								C			Ch	G		P	N		%	V
			Swiss Almond	7-44473 47005-1	160	90					S		A	C			Ch	G	K		N		%	V
			Turtle Trails	7-44473 47001-3	160	70					P	S		C	P		Ch	G	K		N		%	V
			Vanilla Bean	7-44473 47011-2	150	70								C				G		P	N		%	V
So Delicious®	Frozen Dessert	Minis Novelty (Multipack)	Coconut Almond Bar	7-44473 47412-7	170	90					*S	A	C		Ch	G		P	N			V		
			Fudge Minis Bar (Organic)	7-44473 47212-3	70	30								C			Ch	G		P	N	O		V
			Vanilla Bar	7-44473 47411-0	150	70							*S		C		Ch	G		P	N			V
	No Sugar Added Frozen Dessert	Pint	Butter Pecan	7-44473 47715-9	140	110								C	P		G		P	N		%	V	
			Chocolate	7-44473 47721-0	100	70									C		Ch	G		P	N		%	V
			Mint Chip	7-44473 47755-5	120	100									C		Ch	G		P	N		%	V
			Toasted Almond Chip	7-44473 47703-6	140	110							A	C			Ch	G		P	N		%	V
			Vanilla Bean	7-44473 47711-1	100	70								C				G		P	N		%	V
	Novelty (Multipack)	Fudge Bar	7-44473 47772-2	80	60								C			Ch	G		P	N			V	
		Vanilla Bar	7-44473 47771-5	150	130								C			Ch	G		P	N			V	
	Coconut Water Sorbet	Pint	Hibiscus	7-44473 47503-2	100	0							C				G		P	N		%	V	
			Lemonade	7-44473 47504-9	110	0								C				G		P	N		%	V
			Mango	7-44473 47501-8	100	0								C				G		P	N		%	V
Raspberry			7-44473 47502-5	110	0								C				G		P	N		%	V	

*S - Contains soy lecithin (does not contain soy protein)

So Delicious Dairy Free®

Gluten-Free, Dairy-Free Product List & Allergen Identification Table



For the allergens of Dairy, Gluten, Peanut, Soy, Tree Nut
(Almond, Coconut, Pecan, Walnut), and the ingredient of Chocolate.

Frozen, Soy Based

Brand	Product	Size	Flavor	UPC	Calories per serving		Letter indicates the presence of the allergen or ingredient listed								Certifications										
					Calories	Fat Calories	Allergen								Chocolate	Gluten-Free	Kosher DE	Kosher Parve	Non-GMO Project	USDA Organic	70% Organic	Vegan			
							Dairy	Gluten	Peanut	Soy	Tree Nut														
Purely Decadent®	Frozen Dessert	Pint	Cherry Nirvana	7-44473 48073-9	190	80				S		C			Ch	G		P			%	V			
			Chocolate Obsession	7-44473 48021-0	210	80				S		C				Ch	G	K				%	V		
			Cookie Dough (Gluten Free)	7-44473 48046-3	230	70				S		C				Ch	G		P				%	V	
			Dulce De Leche	7-44473 48004-3	170	50				S							G		P				%	V	
			Mint Chocolate Chip	7-44473 48055-5	190	70				S		C				Ch	G		P				%	V	
			Mocha Almond Fudge	7-44473 48023-4	200	80				S	A					Ch	G	K					%	V	
			Peanut Butter Zig Zag	7-44473 48062-3	230	120				P	S		C			Ch	G	K					%	V	
			Pomegranate Chip	7-44473 48016-6	200	70					S		C				Ch	G		P				%	V
			Praline Pecan	7-44473 48066-1	210	90					P	S		P				G	K					%	V
			Purely Vanilla	7-44473 48011-1	170	70						S						G		P				%	V
			Snickerdoodle (Discontinued)	7-44473 48017-3	190	50						S						G		P				%	V
			Turtle Trails	7-44473 48001-2	200	70					P	S		P		Ch	G	K						%	V
Organic So Delicious®	Frozen Dessert	Quart	Butter Pecan	7-44473 72015-6	160	60				S		P				G		P		O		V			
			Chocolate Peanut Butter	7-44473 72064-4	140	40				P	S				Ch	G		P		O		V			
			Chocolate Velvet	7-44473 72021-7	130	30					S					Ch	G		P		O		V		
			Creamy Vanilla	7-44473 72011-8	130	25					S						G		P		O		V		
			Dulce De Leche	7-44473 72017-0	140	25					S						G		P		O		V		
			Mint Marble Fudge	7-44473 72070-5	140	30					S					Ch	G		P		O		V		
			Mocha Fudge	7-44473 72093-4	130	25					S					Ch	G		P		O		V		
			Neapolitan	7-44473 72082-8	120	30					S					Ch	G		P		O		V		
			Strawberry	7-44473 72041-5	120	25					S						G		P		O		V		
		Novelty (Multipack)	Creamy Fudge Bar	7-44473 70012-7	90	20					S				Ch	G		P		O		V			

Our gluten-free products are certified by the Gluten-Free Certification Organization, a program of the Gluten Intolerance Group of North America. www.GFCO.org



Gluten-Free, Dairy-Free Product List & Allergen Identification Table



For the allergens of Dairy, Gluten, Peanut, Soy, Tree Nut (Almond, Coconut, Pecan, Walnut), and the ingredient of Chocolate.

Frozen, Soy Based (continued)

Brand	Product	Size	Flavor	UPC	Calories per serving		Letter indicates the presence of the allergen or ingredient listed								Certifications									
					Calories	Fat Calories	Allergen								Chocolate	Gluten-Free	Kosher DE	Kosher Parve	Non-GMO Project	USDA Organic	70% Organic	Vegan		
							Dairy	Gluten	Peanut	Soy	Tree Nut													
										Almond	Coconut	Pecan	Walnut											
So Delicious®	Frozen Dessert	Novelty (Multipack)	Creamy Orange Bar	7-44473 70032-5	80	10				S						G		P				V		
It's Soy Delicious®	Frozen Dessert	Pint	Almond Pecan	7-44473 65014-9	140	40				S	A		P			G		P				V		
			Awesome Chocolate	7-44473 65021-7	130	25				S					Ch	G		P					V	
			Chocolate Almond	7-44473 65054-5	160	50				S	A					Ch	G		P					V
			Chocolate Peanut Butter	7-44473 65064-4	150	40				P	S					Ch	G		P					V
			Green Tea	7-44473 65045-3	110	15					S						G		P					V
			Raspberry	7-44473 65051-4	130	20					S						G		P					V
			Vanilla	7-44473 65011-8	130	25					S						G		P					V

Frozen, Alternative Base

Brand	Product	Size	Flavor	UPC	Calories per serving		Letter indicates the presence of the allergen or ingredient listed								Certifications								
					Calories	Fat Calories	Allergen								Chocolate	Gluten-Free	Kosher DE	Kosher Parve	Non-GMO Project	USDA Organic	70% Organic	Vegan	
							Dairy	Gluten	Peanut	Soy	Tree Nut												
										Almond	Coconut	Pecan	Walnut										
So Delicious®	Frozen Dessert	Novelty (Multipack)	Kidz Assorted Fruit Pops	7-44473 44060-3	35	0										G		P				V	
			Orange Passion Fruit Agave Bar	7-44473 84035-9	70	0						C					G		P				V
			Raspberry Agave Bar	7-44473 84031-1	70	0						C					G		P				V
			Strawberry Agave Bar	7-44473 84033-5	70	0						C					G		P				V
Sweet Nothings®	Frozen Dessert	(Multipack)	Fudge Bar	7-44473 87021-9	100	0									Ch	G		P				V	
		Single	Fudge Bar	7-44473 85021-1	100	0									Ch	G		P				V	
		Serve	Mango Raspberry Bar (Discontinued)	7-44473 85034-1	100	0										G		P				V	

Turtle Mountain, LLC applies strict quality control measures in an effort to prevent contamination by undeclared food allergens. To assure our preventative measures are effective, we sample test our products and processes for the presence of almond, coconut, gluten, milk, peanut, pecan, soy, and walnut allergens where appropriate, using state of the art testing methods.

Gluten-Free, Dairy-Free Product List & Allergen Identification Table



For the allergens of Dairy, Gluten, Peanut, Soy, Tree Nut (Almond, Coconut, Pecan, Walnut), and the ingredient of Chocolate.

Shelf Stable, Coconut Based

Brand	Product	Size	Flavor	UPC	Calories per serving		Letter indicates the presence of the allergen or ingredient listed								Certifications									
					Calories	Fat Calories	Allergen								Chocolate	Gluten-Free	Kosher DE	Kosher Parve	Non-GMO Project	USDA Organic	70% Organic	Vegan		
							Dairy	Gluten	Peanut	Soy	Tree Nut													
So Delicious®	Coconut Milk Beverage	Quart (Shelf Stable)	Chocolate	7-44473 91233-9	100	45						C			Ch	G		P	N		%	V		
			Original	7-44473 91231-5	80	50							C				G		P	N	O		%	V
			Original, Sugar Free	7-44473 91236-0	45	40							C				G		P	N			%	V
			Unsweetened	7-44473 91235-3	50	50							C				G		P	N	O		%	V
			Vanilla	7-44473 91234-6	90	50							C				G		P	N	O		%	V
			Vanilla, Sugar Free	7-44473 91237-7	50	40							C				G		P	N			%	V
		6.5 oz Multipack (Shelf Stable)	Chocolate	7-44473 91353-4	70	35							C			Ch	G		P	N		%	V	
			Original, Sugar Free	7-44473 91356-5	35	35							C				G		P	N		%	V	
			Vanilla	7-44473 91354-1	60	35							C				G		P	N		%	V	

Refrigerated, Coconut Based

Brand	Product	Size	Flavor	UPC	Calories per serving		Letter indicates the presence of the allergen or ingredient listed								Certifications									
					Calories	Fat Calories	Allergen								Chocolate	Gluten-Free	Kosher DE	Kosher Parve	Non-GMO Project	USDA Organic	70% Organic	Vegan		
							Dairy	Gluten	Peanut	Soy	Tree Nut													
So Delicious®	Coconut Milk Beverage	Half Gal	Original	7-44473 91210-0	80	50						C				G	K		N	O		%	V	
			Unsweetened	7-44473 91205-6	50	50							C				G	K		N	O		%	V
			Vanilla	7-44473 91204-9	90	50							C				G	K		N			%	V
	Cultured Coconut Milk Beverage	Quart	Chocolate	7-44473 93115-6	150	50						C			Ch	G		P	N		%	V		
			Original	7-44473 93110-1	70	50							C				G		P	N		%	V	
			Strawberry	7-44473 93103-3	100	45							C				G		P	N		%	V	
			Vanilla	7-44473 93104-0	110	50							C				G		P	N		%	V	
	Coconut Milk Creamer	Pint	French Vanilla	7-44473 94104-9	20	0						C				G	K		N			%	V	
			Hazelnut	7-44473 94116-2	20	0							C				G	K		N		%	V	
			Original	7-44473 94110-0	10	0							C				G	K		N		%	V	

Gluten-Free, Dairy-Free Product List & Allergen Identification Table

For the allergens of Dairy, Gluten, Peanut, Soy, Tree Nut (Almond, Coconut, Pecan, Walnut), and the ingredient of Chocolate.



Refrigerated, Coconut Based *(continued)*

Brand	Product	Size	Flavor	UPC	Calories per serving		Letter indicates the presence of the allergen or ingredient listed								Certifications									
					Calories	Fat Calories	Allergen								Chocolate	Gluten-Free	Kosher DE	Kosher Parve	Non-GMO Project	USDA Organic	70% Organic	Vegan		
							Dairy	Gluten	Peanut	Soy	Tree Nut													
											Almond	Coconut	Pecan	Walnut										
So Delicious®	Cultured Coconut Milk Yogurt	6 oz	Blueberry	7-44473 91101-1	140	60						C					G	K		N		%	V	
			Chocolate	7-44473 91115-8	170	50							C				Ch	G	K		N		%	V
			Passionate Mango	7-44473 91111-0	130	60							C					G	K		N		%	V
			Pina Colada	7-44473 91113-4	140	60							C					G	K		N		%	V
			Plain	7-44473 91110-3	130	70							C					G	K		N		%	V
			Raspberry	7-44473 91102-8	140	60							C					G	K		N		%	V
			Strawberry	7-44473 91103-5	130	50							C					G	K		N		%	V
			Strawberry Banana	7-44473 91112-7	150	50							C					G	K		N		%	V
			Vanilla	7-44473 91104-2	140	60							C					G	K		N		%	V
		16 oz	Blueberry	7-44473 91401-2	100	30							C					G		P	N		%	V
			Chocolate	7-44473 91415-9	110	30							C			Ch	G		P	N		%	V	
			Plain	7-44473 91410-4	80	40							C					G	K		N		%	V
			Vanilla	7-44473 91404-3	90	35							C					G	K		N		%	V

Refrigerated, Soy Based

Brand	Product	Size	Flavor	UPC	Calories per serving		Letter indicates the presence of the allergen or ingredient listed								Certifications									
					Calories	Fat Calories	Allergen								Chocolate	Gluten-Free	Kosher DE	Kosher Parve	Non-GMO Project	USDA Organic	70% Organic	Vegan		
							Dairy	Gluten	Peanut	Soy	Tree Nut													
											Almond	Coconut	Pecan	Walnut										
So Delicious®	Cultured Soy Yogurt	6 oz	Blueberry <i>(Agave Sweetened)</i>	7-44473 90201-9	140	20					S						G	K				%	V	
			Plain <i>(Agave Sweetened)</i>	7-44473 90210-1	110	25					S							G	K				%	V
			Vanilla <i>(Agave Sweetened)</i>	7-44473 90204-0	130	20					S							G	K				%	V

References

Food Allergy Initiative. 2-15-05. (www.FoodAllergyInitiative.org)
 Food Allergy Research and Resource Program. 01-18-05. (www.FARRP.org)



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